

MEMORANDUM

TO: Mayor and City Council

FROM: David Clyne, Interim City Manager

SUBJECT: Friday Update

DATE: October 27, 2023

Cottage Grove Pedestrian and Bicycle Plan Open House # 2

Join the City of Cottage and the Oregon Department of Transportation for the second Cottage Grove Pedestrian and Bicycle open house on Wednesday, November 1st from 6:00 to 7:30 pm in the Cottage Grove Armory

We are planning for a more bike-able, walkable and livable community. The Pedestrian and Bicycle Plan will identify short and long-range solutions to create convenient, comfortable and safe options for people who walk and bike throughout the community. During the first open house, we reviewed the plan's goals, objectives, and existing conditions for walking and biking in Cottage Grove. Now, learn about the recommended improvement options and provide your input to help shape the final plan. If you are unable to attend, you can learn more online at walkbikecg.com

For ADA (Americans with Disabilities Act) or Civil Rights Title VI accommodations, translation/interpretation services or more information, call (541) 942-3340.

2023 OAPA Annual Planning Conference

This week Planning Staff attended the Oregon Chapter of the American Planning Association Annual Conference. The theme of this year's conference was celebrating 50 years of the Oregon land use planning program and embracing the next 50 years. Staff attended a variety of sessions on various topics such as climate, housing policy, urban forest management, housing equity, unhoused camping programs, and more. Attendance at conferences held by professional associations is key to maintaining compliance with State law and building relationships with other planners from around the State.

Free Showers Every Wednesday

The Mobile Shower trailer is open on Wednesdays from 11:00 am to 3:00 pm at Community Sharing located at 1440 Birch Avenue. To learn more about the Mobile Shower program or to volunteer call (541) 942-1185.

Senior Center Volunteers Needed

The Cottage Grove Senior Center is looking for volunteers. The Senior Center is open Monday through Thursday from 10:00 am to 4:00 pm. Training is provided. For more information, call the Senior Center at (541) 942-8751.

Café 60 Senior Meals Program

Café 60 Senior Meals congregate dining is now open. The program provides group dining at Senior & Disability Services located at 700 E. Gibbs Avenue inside the Community Center. For more information, call (541) 942-9261.

The Serving Schedule is at 11:30 am every Tuesday, Wednesday and Thursday.

The congregate setting provides a welcoming and pleasant atmosphere where people age 60 and older, and their spouses, can gather for a meal. Older adults can enjoy meeting new people, form friendships, and gain support by coming together for meals on a regular basis. The balanced meal and the social contact provide a positive motivation for self-care for seniors who often eat poorly on their own and can become lonely and depressed in isolation. Congregate sites offer nutrition education and access to other aging services and information.

Individuals who are 60 years of age and over, and their spouses, regardless of age. Individuals with disabilities regardless of age who reside with an accompanying older adult who are eligible under the Older Americans Act. If you are under the age of 60, please visit Aging and Disability Resource Connection of Oregon for food resources.

<https://www.lcog.org/sdslane/page/senior-meals-program>

Auxiliary Bazaar

Attend the Auxiliary Bazaar on November 10th from 10:00 am to 6:00 pm and November 11th from 10:00 am to 4:00 pm at the Community Center Shepherd Room located at 700 E. Gibbs Avenue.

Memory Care and Support Class

Classes will be held on November 21st & December 19th from 6:00 to 8:00 pm at the Cottage Grove Senior Center, located at 700 E Gibbs Avenue. Sessions are free to attend and registration is required.

Each session, led by Kerrie Wilke includes information about memory and aging as well as an open discussion to explore strategies and ideas for caring for loved ones with memory challenges. This class is designed for family, friends, and caregivers, and is useful for anyone who wants to learn about different types of memory loss and current research on this topic.

Register by calling Lane Community College Continuing Education at (541) 463-4202

Quote of the Week:

“I’d say the first thing you need is...a pumpkin.”

~ Fairy Godmother