

MEMORANDUM

TO: Mayor and City Council

FROM: Richard Meyers, City Manager

SUBJECT: COTTAGE GROVE COMMUNITY HEALTH CENTER
PRESENTATION

DATE: April 22, 2020

Background

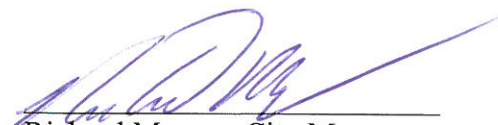
Jim Gilroy and possibly Tim Herrmann from Be Your Best Cottage Grove will be joining the meeting to provide a brief overview and ask for the City's support for the Community Health Center. The Community Health Center would operate as a Federally Qualified Health Center. He has provided the attached materials for the Council to review prior to the meeting.

Recommendation

Information item, the Council may also desire to express their support of the project and authorize a letter of support.

Cost

No Cost



Richard Meyers, City Manager



Our Vision: To advance the health and well-being of our community

What is Be Your Best (BYB)?

A community coalition in Cottage Grove, BYB emerged in response to Lane County's Community Health Needs Assessment and Community Health Improvement Plan, implemented in partnership with Live Healthy Lane.

Our Approach: Addressing Health through Collective Action

Social determinants of health are the conditions in which people are born, grow, live, work, and age. These circumstances are shaped by the distribution of resources at global, national, and local levels, which are themselves influenced by policy (Live Healthy Lane, Community Health Needs Assessment, 2015-16). BYB and Live Healthy Lane, with partners across Lane County, are working together to address social determinants and improve the health of the community.



Current Efforts:

Cottage Grove Community Health Center – 2021

BYB is coordinating efforts to open a Lane County-run Community Health Center in Cottage Grove. Projected to open in 2021 at Lane Community College-Cottage Grove, the center will offer primary care as well as mental/behavioral health and oral health care for thousands of low-income South Lane and North Douglas families. The Community Health Center will serve as a training site for local high school and community college students interested in healthcare careers. Lane County, Lane Community College, PeaceHealth Cottage Grove Hospital, South Lane School District, and others are collaborating to make this \$2.8 million project a reality. BYB is currently seeking individuals who either have no insurance or who are on the Oregon Health Plan (OHP) to participate in our efforts. **Learn how YOU can get involved!**

Cottage Village Coalition (CVC)

A local coalition of Cottage Grove residents is working with Square One Villages to create a tiny house village for low-income residents. Currently in the building and fund-raising phase, CVC is looking for additional interns, volunteers, and funds to support efforts to create this 13-home village. **BYB supports housing efforts to improve community health and well-being.**

Cottage Grove HEAL City

BYB, in partnership with Sustainable Cottage Grove, supported the City of Cottage Grove in becoming a designated HEAL (Healthy Eating Active Living) City. As a HEAL City, Cottage Grove is eligible for small grants to increase access to healthy food for South Lane.



Together, we can do more than each of us can do alone.

LiveHealthyLane.org **BYB Facebook: @bybcottagegrove**



Our Vision: To advance the health and well-being of our community

Partners in Be Your Best:

90by30

Banner Bank Cottage Grove

Chamber of Commerce

City of Cottage Grove

Cottage Grove Family Relief Nursery

Cottage Grove First Presbyterian Church

Cottage Grove Renewable Energy

Cottage Grove Sentinel

Cottage Grove Vision Keepers

Cottage Village Coalition

Creswell Chronicle

DevNW

Habitat for Humanity

Head Start of Lane County

Healing Matrix

Kiwanis

Lane County Health & Human Services

Live Healthy Lane

Looking Glass Community Services

Northwest Health Foundation

Oregon Community Foundation

PeaceHealth Cottage Grove Community Medical
Center

PeaceHealth Foundation

South Lane Family Resource Center

South Lane Mental Health

South Lane School District

South Valley Resource Alliance

Sustainable Cottage Grove

TEAM Cottage Grove

The Health Hub

United Way of Lane County

WomenSpace

Stay involved

Help us create a stronger voice for health needs in the South Lane region by learning about and supporting current efforts and by attending our monthly community meetings.

Monthly BYB Meetings:

4th Thursday of each month from 3 to 4:30 p.m. at 632 E. Main St.

Contact us

For additional information, please contact Be Your Best - Cottage Grove's Coordinator, Samantha Duncan at beyourbest.cg@gmail.com.



Together, we can do more than each of us can do alone.

LiveHealthyLane.org   

BYB Facebook: @bybcottagegrove

Revised 10.2.19



Lane Community College-Cottage Grove is the proposed site of a new Community Health Center of Lane County.

Community Health Center will be Big Boon for Cottage Grove

Local health and education advocates are working together to bring a Community Health Center to South Lane County. When it opens in 2021 at Lane Community College-Cottage Grove, it will be one of a kind, offering fully integrated medical, mental/behavioral, and oral healthcare to thousands of local families, many of whom currently either travel to Eugene-Springfield for health services or forego care altogether. The Community Health Center will also serve as a training site for local high school and community college students interested in healthcare careers.

Below are frequently asked questions about the project:

Q: We already have a hospital and medical clinics, several dentists, and a large mental health provider in our community. Why do we need a Community Health Center of Lane County in Cottage Grove?

A: Our community's need for healthcare, especially for those with public health insurance (Medicare and Medicaid/Oregon Health Plan) far outstrips the capacity of local providers in every arena. There is a particularly urgent and unmet need for oral healthcare, including for intensive pediatric dental work, which local dentists are unequipped to perform. Cottage Grove area residents on OHP have extremely limited access to oral healthcare, resulting in problems so severe that they require emergency care. The 2017-18 Lane County Health Needs Assessment shows PeaceHealth Cottage Grove Hospital has the highest percentage of emergency department use per thousand patients for oral health-related issues in Lane County and the second highest rate in the state. PeaceHealth's Cottage Grove physicians are also heavily overbooked, resulting in an estimated 4,500 local patients who currently use county-run health centers in Eugene and Springfield for their primary care. The Cottage Grove Community Health Center will save residents time-consuming and expensive trips north and will open up much-needed capacity in the metro area clinics. Nearly a quarter of Cottage Grove residents live at or below the poverty level, while *almost half* of local families with children under age 5 live below the federal poverty level. A local health center that specializes in serving these populations makes sense.

Q: How do Community Health Centers of Lane County work, and who do they serve?

A: The Cottage Grove Community Health Center will be operated by Lane County as a Federally Qualified Health Center (FQHC) site. FQHC clinics provide services for individuals of all ages, whether they have health insurance or not — including people with Medicaid, Medicare, and commercial insurance, especially those with high-deductible policies. FQHC clinics serve people with limited English proficiency, as well as those who are undocumented or homeless. Typically, about 40% of FQHC patients are children younger than 18 years old while 7% are 65 or older. By offering medical, mental, and dental health services at one location, the Cottage Grove Community Health Center will improve decision making and coordination of treatment, and provide an easy "one stop" experience for patients and their families. Lane County operates six other Community Health Center sites, all in the Eugene-Springfield metro area.

Q: Are there other benefits to having this type of County-run health center in Cottage Grove?

A: Yes! There will be a broad range of benefits that result from having a Community Health Center of Lane County in Cottage Grove. In addition to thousands of local families gaining much-needed access to care close to home, the clinic will expand opportunities for local high school and post-secondary school students interested in careers in healthcare. The Cottage Grove Community Health Center will be located next door to Cottage Grove High School in the Cottage Grove LCC building at 1275 South River Road. The South Lane School District, Cottage Grove High School, Lane Community College, PeaceHealth and Lane County are all currently working to identify the most promising healthcare career pathways and to design education programs that will utilize the Community Health Center, once it opens, as a real-world learning site. Furthermore, the new Health Center will be a hub, bridging service gaps left in Cottage Grove by the loss in recent years of Lane County's public health clinic, Cottage Grove High School's health center, and the Planned Parenthood-Cottage Grove Outreach Health Center.

Q: What's the project timeline?

A: We are currently in the very beginning stages of this 2-year project, working to secure support for project development/coordination/community engagement as well as to cover the capital costs. About half of the Cottage Grove LCC building — which now houses South Lane School District's free Children's Dental Clinic — requires retrofitting in order to become a Community Health Center. The rest of the building will continue to be used for educational purposes with a focus on healthcare-career related classes for high school and community college students. Once funds for construction and equipment are secured, facility renovation, along with staffing recruitment, is expected to take 18 months with a target Cottage Grove Community Health Center opening in mid-2021.

Q: What are the project costs?

A: Our preliminary project budget is just over \$2.8 million, with the bulk — \$2.4 million — needed for building renovations, equipment, and start-up. We are seeking grant and other funding for this project. Once the Health Center is fully operational, it will be financially self-sustaining, with state and federal funding and private insurance covering operating costs.

Q: Who is involved in this effort?

A: This is a multi-stakeholder project that currently includes: Be Your Best, Lane Community College, Lane County, PeaceHealth, South Lane School District, South Lane Mental Health, United Way of Lane County, and other interested individuals and organizations.

Q: How can I help?

A: We welcome community participation in the design and execution of this exciting project! To get involved, to learn more, or to share feedback and ideas, please contact any of the stakeholders listed above or Be Your Best Project Advisory/Community Board Members:

Jim Gilroy — JGilroy@bannerbank.com

Samantha Duncan — beyourbest.cg@gmail.com

Ana Maria Dudley — dudleyam@gmail.com

Valeria Clarke — fernreachllc@gmail.com

Beth Pool — bethpool.or@gmail.com

Alan Baas — alan.baas@gmail.com

Jody Rolnick (project coordination/development) — write4u@oip.net

Jackie Lester (project coordination/consultation) — jackiel3ster73@gmail.com